

# Spring Teams - U12/U14

Silverwood, 30. April 2017

## Session 1

Speed Weavers  
Socks and Buckets  
Association Race  
Bottle Shuttle  
Hug a Mug  
Two Flag  
Carton Race  
Hula Hoop

## Session 2

Agility Aces  
Sword Lancers  
Run and Ride  
Mug Shuffle  
Three Mug  
Ball and Cone  
Flag Fliers  
Tool Box Scramble