

# NMGA Training Individuals - Open

Maungatapere, 5. September 2020

## Session 1

Speed Weavers  
Hula Hoop  
Moat and Castle  
Two Flag  
Tool Box Scramble  
Litter Lifters  
Bottle Swap  
Mug Shuffle  
Hoopla  
HiLo

## Session 2

Sword Lancers  
Bottle Shuttle  
Three Mug  
Socks and Buckets  
Litter Scoop  
Carton Race  
Bottle Exchange  
Victoria Cross  
Flag Fliers  
Bank Race

Tie break: Two Flag