

# DM Indi Træning Klasse Søndag

Vallensbæk, 16. September 2018

## Session 1

Speed Weavers  
Mug Shuffle  
Hula Hoop  
Carton Race  
Two Flag  
Triple Flag

## Session 2

Bottle Swap  
Association Race  
Run and Ride  
Three Mug  
Mug Shuffle  
Flag Fliers

Tie break: Flag Fliers